

## WHAT IS NEDD'S UNCOMFORTABLE CHALLENGE!?

FROM OCTOBER 20TH TO 29TH, WE'RE ASKING ALL AUSTRALIANS – INCLUDING WORKPLACES, SCHOOLS, GYMS, AND GROUPS OF MATES – TO JOIN NEDD'S UNCOMFORTABLE CHALLENGE BY COMMITTING TO A CHALLENGE THAT TAKES YOU OUT OF YOUR COMFORT ZONE WHILST RAISING FUNDS FOR PEOPLE EXPERIENCING HOMELESSNESS.

THE RULES ARE SIMPLE:
YOU MUST CHOOSE A CHALLENGE THAT IS UNCOMFORTABLE,
AND YOU MUST STICK WITH IT FOR 10 DAYS STRAIGHT.

ARE YOU READY TO GET UNCOMFORTABLE AND DO IT FOR GOOD? LESSSGO!



## WHEN IS IT!?

20TH - 29TH OCTOBER.



## HOW DO I SIGN UP!?



SIGN UP ONLINE AND CREATE YOUR PROFILE.





COMMIT TO YOUR INDIVIDUAL UNCOMFORTABLE CHALLENGE.





SET YOUR FUNDRAISING GOAL TO HELP THOSE EXPERIENCING HOMELESSNESS.





SHARE YOUR CHALLENGE WITH FRIENDS AND FAMILY TO ENCOURAGE OTHERS TO GET UNCOMFORTABLE.



WWW.NEDDSUNCOMFORTABLECHALLENGE.COM/SIGN-UP